

# Parent Dinner Guidelines



Kennedy Krieger Institute provides dinner for the caregivers of the children on the Inpatient Unit on Tuesday evenings from 6:00 p.m. - 7:30 p.m. Many times these meals are the only time the caregivers will voluntarily leave their child.

As you can imagine, the financial burden of having a sick child can be devastating to a family and our hope is to provide respite for the caregivers by allowing them an opportunity to enjoy a catered meal. We are always looking for restaurants and catering companies in the community to donate and provide a relaxing dining experience. Please let us know if you are interested in helping our families.

## Things to Know:

- A staff person from Guest Relations will be available at the security desk at 5:15pm, with a cart, for volunteers to use to transport items.
- Be mindful of rush-hour traffic delays.
- Volunteers must be over 18 years of age
- Free parking in KKI garage. Security will validate parking ticket
- Held in Conference Room 510 at the 707 N. Broadway location
- Set up time begins at 5:15 p.m.
- Approximately serving 15-20 parents/guardians
- The meal is just for caregivers. Patients and siblings (under 16) are not included
- 2-3 volunteer limit per dinner
- No need to bring ice, we have it available upon request
- Email menu for dinner to coordinator two weeks prior to Parent Dinner
- A donation request letter is available, if you are interested requesting the meal to be donated by a restaurant or caterer.

## Tips & Suggestions for Hosting a Dinner:

- Theme Décor and Music (Mardi Gras, Halloween, Italian Night , etc.)
- Paper goods: plates, napkins, plastic-ware, serving utensils, cups, 6 rectangle table clothes
- Due to Infection Control regulations, meals must be catered
- Main course (Vegetarian alternatives), side dish, dessert, drinks

If you would like to host a Parent Dinner or have any questions, please contact Dara Schnee via email, [schnee@kennedykrieger.org](mailto:schnee@kennedykrieger.org) or phone, 443-923-7302.

