

Volunteering with Kennedy Krieger Partners

Outside of volunteering at a Kennedy Krieger Special Event (<u>ROAR for Kids</u>, <u>Baltimore Running Festival</u>, <u>Festival of Trees</u>) you can participate in "We Are One" and support the broader community by choosing one of the volunteer opportunities below:

- Ronald McDonald House Maryland: Volunteers at the Ronald McDonald House are vital members of our family, our community and our home. Volunteering at our House offers a wide choice of opportunities, flexibility to fit your schedule and the best benefit of all the smiles and gratitude of our families and their children. We welcome volunteers from every walk of life students, families, companies, corporations, and church groups to name a few and provide a flexible schedule with no minimum time requirements for most opportunities. We are always looking for new energetic volunteers, and we welcome creative ideas.
- Special Olympics Maryland: Our volunteers are all ages and their commitments can range from an afternoon to a lifetime. From China to the United States, Ghana to Singapore, Australia to Paraguay, Ireland to India, our volunteers are helping to bring out the champion in every Special Olympics athlete.

Special Olympics would not exist today—and could not have been created—without the time, energy, commitment and enthusiasm of our volunteers. We owe so much to these millions of people who find the time to make the world a better place.

If you want to be a volunteer, get in touch with Special Olympics near you.

• American Heart Association Heart Walk: The Greater Maryland Heart Walk has always been a great way to get moving while socializing with friends, family and coworkers leading up to and on the day of event. But it's so much more than a walk. Walking in the Heart Walk boosts your heart health AND mental health while helping millions of others at the same time.

Be a supporter of critical research. Be a community energizer. Be a champion. Be a lifesaver. You are all of these things because you are a volunteer.